

October 2017

Inside _{ſh}is Mon_{th}

- Sermon Preached on 20th
 August—Mick Scotchmer
- The Prescription you can't get from the chemist
- Holy Days- Denys of Paris
- God in the Arts- the Maesta
- The Value of Religious
 Studies
- PCC Report
- 500yrs on from The Reformation
- Our Page
- Smile Lines, and more



The Monthly Magazine for Members and Friends of St. Anne's Church Larkshall Road Chingford (CHURCH OF ENGLAND)

No. 280

www.stannee4.org.uk

SERVICES AT ST ANNE'S

DATE	ТІМЕ	SERVICE
Sunday 1st October	10:00	Parish Eucharist
Friday 6th October	10:00	Holy Communion
Sunday 8th October	10:00	Parish Eucharist
Friday 13th October	10:00	Holy Communion
Sunday 15th October	10:00	Informal Eucharist
Friday 20th October	10:00	Holy Communion
Sunday 22nd October Friday 27th October	10:00 12:30 17:30 10:00	Parish Eucharist Simple Lunch Informal Service Holy Communion
Sunday 29th October	10:00	Parish Eucharist
Friday 3rd November	10:00	Holy Communion
Sunday 5th November	10:00	Parish Eucharist
Friday 10th November	10:00	Holy Communion
Sunday 12th November	10:00	Informal Eucharist
Friday 17th November	10:00	Holy Communion
Sunday 19th November Friday 24th November	10:00 17:30 10:00	Parish Eucharist Informal Service Holy Communion
Sunday 26th November	10:00	Parish Eucharist



Diary dates for October

Tuesday 3rd 8pm MLT

Saturday 7th 10-12 noon Mini Market for the Margaret Centre

> Monday 9th 8pm Plant Committee

Wednesday 18th 8pm Pastoral Committee

Monday 23rd 8pm Projects & Events Committee

> Saturday 14th Quiet Day

Sunday 15th October Harvest Service followed by a Parish Lunch

Thurs 30 Nov & Sat 2nd Dec Christmas Bazaar

SPIRITUAL DEVELOPMENT AND PRACTICE SERVICE

Chingford Old Church, 121 Old Church Rd, London E4 6ST

The first Saturday of the month at 5.30pm

ALL ARE WELCOME

Jan Hawkins



Regular Events at St Anne's

For information on the study/ prayer group & healing service please check your weekly service sheet

If you have any news or articles you would like to share for the **November** issue of the Hatch Herald, please submit by **Sunday 15th October** preferably by EMAIL TO: janicegar@ttalktalk.net I look forward to hearing from you if you have any comments to make regarding the Hatch Herald or would like to share any news,, tips, recipes etc

News from the Vicarage



Greetings

This month begins another of our themed years – The Year of Seasons. The idea is that in addition to following the liturgical seasons we will spend time through talks and specially designed liturgies to deepen our spiritual awareness of the profound riches each season possesses. The Church of England has thoughtfully added options to the traditional seasons of Advent, Christmastide, Epiphanytide, Lent, Easter and Pentecost. They are the Creation and Kingdom season respectively. Technically speaking Creation season runs through September and concludes with the feast of Francis of Assisi on October 4th, this is because Harvest is often celebrated in September. However, being St. Anne's, we have translated the season to begin with the feast of Francis and to run through October. Our two big events to help us celebrate the season will be a day of recollection on the morning of Saturday 14th and our Harvest festival followed by a parish lunch on the Sunday 15th to which we are inviting former parishioners who have moved away, members of other faith traditions who were represented in our 'Faith corner' on Chingford Hatch day and of course – you!

There is of course a fair chunk of Sundays in the year which are known as 'Ordinary Time', when the liturgical colour is green. During Ordinary Time the plan is to explore the everyday spirituality of different traditions within the wider Christian family, such as Celtic Spirituality, The Jesus Prayer, contemplative prayer, and no doubt much more besides. It goes without saying that everyone is most cordially invited to each and every event (watch this space for advanced notice of talks etc) and the success of a themed year is largely dependent upon the support events received. So...look forward to seeing you as the Year of Seasons unfolds.

However, there is something each one of us can do every day to participate in the year. And that is to pray. This season, the creation season, invites us to reflect on the world about us – mother earth – and the way the planet in which we have evolved has been treated by her children. Francis of Assisi is often credited with the 'Make me a channel of your peace' prayer – which is probably more familiar to most of us as the hymn of that name. His authorship is somewhat disputed. Nevertheless, he did write the 'Canticle of the Creatures' which is likewise perhaps more familiar to us as the hymn 'All creatures of our God and King.' Francis' groundbreak-ing insight expressed in the canticle is that all of nature is related to us...'Brother sun and sister moon.' It is a good place to begin a spiritual reflection. How do we see the world about us? Do we think of ourselves as visiting a planet or do we think of ourselves as deeply connected to all of life, human and non-human? Simone Weil, the 20th century mystic once said: 'The beauty of the world is the tender smile of Christ coming to me through matter.' It would be good if our prayer and action this month could be focused on our common home and all that dwell therein and thereon. One obvious form of action we could individually take is to do something, anything, to reduce our personal carbon footprints as well as praying for a greater concern towards climate change and policies which are having a devastating effect on the earth. Over to you!

Jude

At first sight our gospel reading for Trinity 10 (Matthew 15:10-28) has two distinct and apparently unrelated sections and I am going to reflect on each in turn.

Those of us of a certain age were brought up on the stories of Winnie-the-Pooh (the creation of A A Milne). In one of the stories of this down-toearth, lovable toy bear he tries to capture an elephant – or, as he mispronounces it, a Heffalump. Pooh digs a hole to catch the Heffalump and decides to bait the trap with some of his favourite food: honey. But being as fond of it as he is he cannot bear to leave a whole jar of it in the trap, so he decides to eat some of it himself, excusing himself with the thought that it is important to make sure it is honey all the way down. It wouldn't do to have something else, cheese for example, at the bottom. And, of course, by the time he really is sure it was honey all the way down, the jar is empty....

For Pooh what is important is what the jar contains all the way down. If it's only got honey at the top, but something quite different underneath, one needs to know. And that's what lies at the centre of what Jesus says in the first part of our gospel as comment on his earlier discussion with the Pharisees on the purity laws.

What was the point of the purity laws? To make one the sort of person God always had in mind. And what kind of person was that? One who was not just pure on the surface but down to the very depths of their personality. There wasn't anything wrong with the purity laws in themselves, although some of the traditions which had developed around them seemed pretty pointless. However, to stick to the outward laws and ignore the call to be pure through and through was to miss the point completely. The way Jesus put this was in the form of a riddle it? which must have seemed puzzling, if not somewhat shocking to his hearers. 'It isn't what goes into the mouth, but what comes out of the mouth, that makes you unclean.' What does he

mean? Surely he can't mean people spitting or being sick.

But, of course, he is thinking about words. What we say reveals what we are deep down. As we have seen already, long before psychologists noticed that what people say is an indication of what's going on in their thoughts and imaginations, especially if they are not concentrating too hard, Jesus had made the same point. The actions which make someone unclean, unfit for God's presence are things like murder, adultery, fornication and the rest. The motivations which point towards such actions give themselves away in the thoughts and words which come up from the innermost self, from the depths of the personality. Thus showing that whatever purity codes a person may keep; it is the innermost self which must be changed to make them the person God intends and wants.

The point of what Jesus is saying then, is that through his work God is offering a cure for this deep-down impurity. He was (as he said in several parables) sowing the seeds of the kingdom, planting plants that would grow and flourish. But people with other agendas were planting plants that would be torn up. The people who were pushing the purity laws as the solution to the problem were, he said, like one blind man leading another. Not only would they both get lost, but they might well also both fall into a hole in the ground.

The real challenge of this reading then comes to all of us, particularly if we think of ourselves as followers of Jesus. We may not follow the purity codes of ancient Israel, but are our hearts, thoughts and minds and the casual words we utter telling us that our own purity is less than complete? And, if so, what are we doing about it?

And so to the second part of our reading. At first sight this is one of the harder parts of Jesus teaching to come to terms with. One of the great moral and cultural issues of the last hundred years has been racial identity. The world was horrified to learn that the German Nazis had killed six million people whose only crime was to be Jews. The world then became increasingly horrified to watch as the apartheid system in South Africa discriminated against the majority of the population in many, many ways just because of the colour of their skin. Eventually through much hard work change came. However, to this day, parts of the world make radical distinctions between people of different races. So, in many countries, the challenge is on; to take the belief that people are equal, irrespective of race or colour and to make this work in actual societies, where people from all backgrounds can live together in peace and harmony. However, there is still much work to be done as recent events here and in America have brought into sharp focus.

So, if we read this story in our own setting, we may find it strange and frankly shocking. To begin with it looks as if Jesus is refusing to help someone in need just because she was from the wrong race. We wouldn't think much of a doctor or nurse who refused to treat someone just because they weren't from the right family background or weren't the right colour. So, what is going on?

We are at a point where Jesus fundamental mission is being defined. He wasn't just a travelling medic whose job was to heal every sick person he met. He had a very specific calling to which he had already hinted. God's people Israel needed to know that their God was now fulfilling his promises. The kingdom for which they had longed for so long was beginning to appear. Jesus was its herald, and, as his disciples were beginning to realise, God's anointed king.

But the message was always aimed at Israel itself. Not to maintain this would be to imply that God had made a mistake in choosing and calling Israel to be his special people, the promisebearers through whom his word and his new life would be brought to the rest of the world. Unfortunately, many Christians have tried to forget that Israel was special in the purposes of God, but the New Testament writers never do and Jesus himself never implied anything different. As Jesus said he had not come to abolish the law, but to fulfil it. If God's new life was to come to the world it would come through Israel. But as often happens in Jesus' public career the future keeps breaking into the present, sometimes, as here, even seeming to catch Jesus unawares. He had already commented on the remarkable faith of a Gentile centurion and now he comments on the equally remarkable faith of a Canaanite woman.

And she clearly does have great faith. Not only does she believe that Jesus can heal her sick daughter but she also addresses him as 'Son of David,' the Jewish messianic title which the disciples themselves were only just beginning to associate with him. Most remarkably she understands, and in the banter with Jesus uses to her advantage, the way in which God's choice of Israel to be the promise-bearing people for the world was to work out in practice. Yes, she says the dogs can't simply share the children's food. However, she insists on her point. If Israel is the promise-bearing people then Israel's Messiah will eventually bring blessing to the whole world. The dogs will share the scraps which fall from the children's table.

For many being a Christian today focuses on the faith that harries and badgers God in prayer, to do now what others are content to wait for in the future. In the early nineteenth century, many Christians agreed that slavery was evil and would eventually have to stop, but not many wanted it to happen now. However, William Wilberforce and his friends worked and prayed, devoting their lives to the belief that what would happen in the future, must by God's power happen in the present as well. That was the 'great faith' on which Jesus congratulated this woman.

What then are the issues we face today? What promises of God have we imagined might be fulfilled in the distant future, but ought to be claimed in the present with a prayer and faith which refuses to be put off?

Finally, as I suggested in my opening these two sections appear unrelated. However, the second part builds on the first. In the first Jesus teaches about what defiles a person – not what goes in but what comes out from our inner being. In that context Jesus says all food is clean. In the second part he establishes that all people are clean. The writer also focuses on the woman's persistence and lack of pretence. In one sense, she ministers to Jesus – she actually facilitates his movement across ethnic borders! There is also a remarkable contrast between the profound understanding of the Canaanite woman and the failure to understand on the part of the crowds, the disciples and Peter.

Mick Scotchmer

The prescription you can't get at the chemist...

As you get older, you should be given a dog on prescription. That is the unlikely finding of a recent study at Cambridge University and the University of East Anglia.

The researchers found that owning or walking a dog was one of the most effective ways to beat the usual slowing-down in later life. It seems that elderly people who own a dog are active for at least 30 minutes a day more than their counterparts with no dog.

And when it rains or is cold outside? No problem – for the study also found that older people with dogs were far less impacted by weather, and that they went ahead with walking – rain or shine, wet or dry. Overall, their physical activity even on miserable days was 20 per cent higher than those without pets.

The researchers confess: 'We were amazed to find that even on the coldest, wettest and darkest days, dog walkers were more physically active and spent less time sitting than did the non-dog owners on the long, sunny and warm days of summer.'

Thus, the team has suggested that dog ownership or community schemes for dog walking could be prescribed to older people by their GPs.



From John Wood's Library

If you think you are standing firm, be careful that you don't fall.

1 Corinthians ch10 v 12

Power and wealth may be gifts of God, they are also seductive, especially if those who possess them forget where they have come from. David Winter

I read in a book that a man called Christ went about doing good. It is very disconcerting that I am so easily satisfied with just going about. Kagawa of Japan

Oh, to learn how to disagree, without being disagreeable.

David Winterl

BIBLE QUOTE:



the heavens, he who is God, who made the earth and fash ioned it and himself fixed it fast, who created it no empty void,

but made it forn a place to dwell in: I am the Lord, there is no other.

Thus say the Lord, the creator of

Isaiah ch45 v 18

The Barking School of Discipleship

As part of the diocesan theme of discipleship in 2017 a series of sessions will be held on Tuesday evenings from 19th Sept to 28th Nov from 7.30. pm to 8.15pm at St John's Stratford, Further details are at the back of the church.

Holy Days for October

Denys of Paris – why losing your head is not always a bad thing

Have you ever held your head in your hands and felt that events were against you?

Then Denys is the saint for you. This Christian martyr knew all about holding his head in his hands when times got rough.

According to Gregory of Tours, Denys was an Italian bishop who became the first bishop of Paris. Along with five other bishops, he had been sent by the Pope to convert all of Gaul. Denys reached Paris, where the common people welcomed him, and his preaching was met with great popular success. In time he even went on to establish a Christian centre on an island in the Seine. That was the beginning of Christianity in Paris.

However, Gaul was still under Roman rule, and trouble began for Denys when in the year 250 the Emperor Decius issued an unusual Roman imperial edict. All the citizens of the empire were required to sacrifice to the Emperor in order to prove their loyalty to the old ways. Once they had sacrificed, they could obtain a libellous (certificate) to prove they had complied. This sacrifice was of course out of the question for any Christian, and Denys and several leading Christians in Paris refused. Soon Denys, along with a priest called Rusticus and a deacon called Eleutherius, were imprisoned and beheaded.

So loved had Denys been by the people that stories soon sprang up about how he had then picked up his head and carried it for ten kilometres, preaching a

sermon as he walked. Today you can see a statue commemorating this unusual (!) event in the crypt of the Roman Catholic Basilica of Denys in Paris.



REASONS FOR LIVING

Is anybody happier Because you passed this way? Does anyone remember That you spoke to them today? The day is almost over, And its toiling time is through, Is there anyone to utter Now a kindly word of you?

Can you say tonight in parting With the day that's slipping fast, That you helped a single brother Of the many that you passed? Is a single heart rejoicing Over what you did or said? Does the man whose hopes were fading, Now with courage look ahead?

Did you waste the day, or lose it? Was it well or sorely spent? Did you leave a trail of kindness, Or a scare of discontent? As you close your eyes in slumber, Do you think that God will say "You have earned one more tomorrow By the work you did today"?

John Wood



The coffee rota is available at the back of the church and is looking at a bit sparse

COFFEE ROTA

Please sign up if you are able.

All are welcome to join us in the hall for a cup of tea or coffee after the service

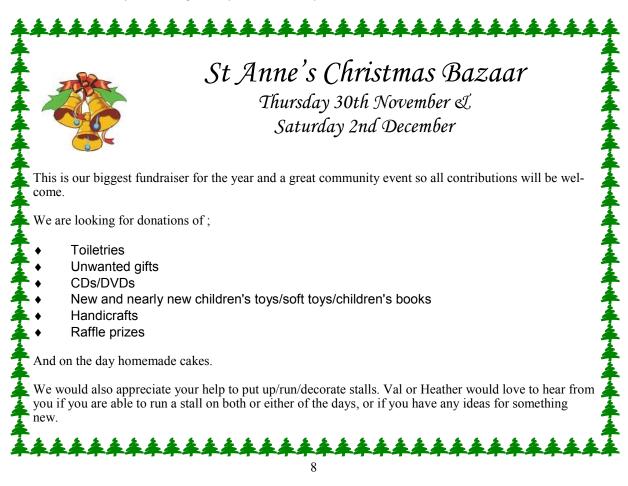
God in the arts -Maesta

The story of the Passion we find in the Gospels is full of drama and colour: a vivid journey from Palm Sunday to Easter Day. We focus on the kingship of Jesus that is proclaimed, denied and ultimately vindicated in the Resurrection victory. In that Passion story St Peter has an important role. He is there at the Last Supper and in Gethsemane, brave and generous with his words. But he falls asleep and later flees from the scene, leaving Jesus to drink His cup of sorrow alone.



After his arrest, Jesus is taken to Annas and Caiaphas, the high priest. In the courtyard outside Peter denies his Lord three times. It is depicted in this painting by Duccio, an Italian artist who worked in Siena. The panel shows a stairway linking two scenes: Jesus before the Jewish authorities, and Peter below, warming his feet by the fire. We feel that Peter could climb the steps to be with Jesus, but he raises a hand of denial to the servant girl's query. In the next panel we see the cockerel: a reminder of his lack of courage. Peter learns something about his own character and faith, and as we read, we find that resonating in our own lives.

This panel is part of a much larger work: an altarpiece commissioned by the cathedral in 1308. Known as the Maestà, it was brought into the cathedral in June 1311 amid countless candles and the ringing of bells. Years later the panels were sold off and now can be found in museums around the world. In this panel we see Peter when the solid rock of his life turned out to be shifting sand. But whatever his failure, Jesus lifts him up again. The charcoal fire of betrayal and denial here will become the charcoal fire by the sea when the risen Lord cooks breakfast and greets Peter in the dawn of a new day that brings acceptance and hope.



PCC report for Hatch Herald

The main item of discussion at September's PCC meeting was the Bishop of Chelmsford's "School for Discipleship" initiative. This invites all churches to look at their opportunities to nurture faith, prayer and discipleship, building on what they are already doing.

For St Anne's, the Year of Seasons will offer a number of opportunities to do this. We also discussed opportunities for evangelism and outreach. We recognised that when we have tried special initiatives like Alpha courses in the past, they have had many benefits for us, but have not really attracted many new members. We agreed that as part of the Year of Seasons, we would reflect on this and look to discern the best ways for us to go about outreach.

More immediately, we felt there was a lot we could do to improve our publicity and information about what we have to offer. There was a lively discussion, including ideas about better use of our noticeboards and publicity around the church site, a display stand in the front porch, the use of our website and Facebook page, and other ideas that will be followed up.

Elsewhere on the agenda, Andy Crawford gave his usual Finance report. We are benefitting this year from the results of a backlog of FWO tax reclaims, although Andy stressed that this is a one-off effect and does not affect our longer term prospects.

The priority for our buildings is a repair to the lower part of the flat roof to the Centre's front clubrooms, which has been leaking. This will be done as soon as possible.

The meeting ended with agreement to plant a new cherry tree in front of the car park to replace one that has died, and to bless this as part of our Harvest Festival service.

Heather Gwynne

Religious Studies can lead to a 'very bright' future

If your teenager has chosen to do Religious Studies (RS), then they are in good company: RS is still the fastestgrowing A-level subject among the arts, humanities and social sciences in the UK. It is the second fastest after Further Maths.

Now the National Association of Teachers of RE (NATRE) and the Religious Education Council of England and Wales (REC) have emphasised the importance of the subject in the UK. They stress that universities and employers are increasingly recognising the value of religious literacy. They also say that career prospects are 'very bright' for those studying RS or theology at degree level.

Observations on our faith

Are you wrinkled with burden? Come to the church for a faith-lift.

WARNING: Exposure to the Son will prevent burning.

Plan ahead - It wasn't raining when Noah built the ark.

Man does what he can, and God what He will. *John Ray*

Though the Lord is out of sight, we are not out of His. *M Henry*

We may ignore, but we cannot evade, the presence of God. The world is crowded with Him. *CS Lewis*

Nseleni Food Bank request.

After the closure of One Life, a sad time for me, the idea of a food bank account came to Eira and myself. Initially we thought just to send money for food and although many people who had supported One Life no longer wanted to support us with the food bank we retained, thankfully, almost enough supporters to proceed.

It is two years since The Food Bank account went into action and during that time other needs in Africa have arisen, for eg there was a robbery where the children go for food and all the food, the cooker, fridge and freezer were stolen. When the children turned up for food Khanya, Nancy's daughter had to send them away hungry. When I heard about this I was horrified and a friend and myself managed to get enough money together to replace all the stolen equipment and the food.

Other emergencies have occurred since then which made me realise we desperately need more financial support.

If you able to support the food bank that would be wonderful and would make such difference. Supporters usually donate either monthly or yearly. There is no set amount just what people can afford, anything would be truly welcome.

If you can help please either email me at. elena@onelife-online .org.uk or phone me 07920401235

Thank you.

Elena



Smile Lines



Girlfriend

When our minister and his wife visited our neighbour, her four-year-old daughter answered the door. "Mum!" she yelled toward the living room. "God's here, and he brought his girlfriend.

**

Make a date

Meeting with our new enthusiastic young curate, I asked if I could have a church service when I eventually die. "Of course," he said, grabbing his date book. "What day do you want?"

**

The Cow and the Bible

A religious farmer lost his Bible out in the field. A few days later he went to answer a noise at his door. Standing there was a cow, with his Bible in its mouth. The farmer raised his eyes to heaven and thanked the Lord for this miracle. "Not really," said the cow. "Your name was written inside."

**

Others

If it's true that we are here to help others, then what exactly are the others here for?

**

Broad

Middle age is when broadness of the mind and narrowness of the waist change places.

**

The glass

To the optimist, the glass is half full. To the pessimist, the glass is half empty. To the engineer, the glass is twice as big as it needs to be.

In the Month of October



500 years on from the 95 Theses

The Reformation is said to have started 500 years ago this month, because it was on 31st October 1517 – now celebrated as Reformation Day – that German priest and theologian Martin Luther posted his 95 Theses on the door of All Saints' Church in Wittenberg.

This action sparked huge debate in the Catholic Church that led to the birth of Protestantism, but it was intended merely to be a series of proposals for discussion, principally on the corrupt practice of selling letters of indulgence for forgiveness of sins. His own emphasis on salvation by faith and on the Bible as the central religious authority was not new – it was propounded by St Augustine – but his gift for expressing it caught the public imagination.

Luther was born in Eisleben, Germany, in 1483. In 1501 he enrolled at the University of Erfurt, and attained a Master's degree in 1505. In July of that year, he got caught in a violent thunderstorm and vowed to become a monk if he survived. As a result, he abandoned his plans to study law and entered an Augustinian monastery.

When he propounded his theses 'out of love for the truth and from desire to elucidate it', he was professor of Moral Theology at the University of Wittenberg. One of the things that outraged him was the sale of indulgences to finance the rebuilding of St Peter's Basilica in Rome.

Luther was excommunicated in 1521 and died in 1546 during a visit to Eisleben. The Book of Common Prayer was first published in England three years later



MIXED UP MONTHS

Words that begin with 'oct' mean to do with the number eight – an octopus has 8 tentacles, an octagon has 8 sides. So October should be the 8th month of the year, shouldn't it? But it isn't.

The reason goes back to Roman times. October was the eighth month in the Roman calendar until July was added to celebrate the birth month of Julius Caesar. This was followed by Augustus who also added another month (quess what that one was called!). With these two extra months fitted into the calendar what was the eighth month became the tenth month. Which gets more muddled: because words beginning with 'dec' mean to do with the number ten, so under the old way December was the tenth month. Shall I stop now before we all get even more confused?

00000s

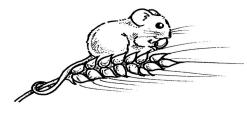
All these names begin with O – which ones aren't the real name of a saint?

- 1. Odo
- 2. Olaf
- 3. Osyth
- 4. Oliver
- 5. Olympias
- 6. Odilia
- 7. Omer
- 8. Oudoceus
- 9. Osburga
- 10. Ouen



A seatless Satsuma.

Answers: the answer is that they all are real saint's names! Aren't you glad that they didn't call you after some of these saints?



A Pilgrimage to the Holy Land

30th October- 6th November 2018 With Ms Jan Hawkins

Eight days based in Jerusalem 7 Galilee

Taking in the sites where the most important events in Our Lords life and ministry took place in Jerusalem and Surrounding are and further north in Galilee

For further information please call Ms Jan Hawkins tel: 0208 531 976Email jan@janhawkins.co.uk

There is a leaflet with full information at the back of the Church

Flower Rota



There is a flower rota at the back of the church If you would like to make a donation to celebrate a special event or the life of a loved one, there are envelopes and prayer card available.

****** *** ************ GREETINGS CARDS

** There is a lovely display of handmade cards for sale on the table at the back of the church ***

******** Please feel free to look through them and if you find something you would like please give the monies to Eira



ALL PROCEEDS GO TO STANNE'S

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	TITLE HALI CLUBF		TIMES 1	HOURS	WEEKS
Mon	Pre-school Line Dancing Women's F'ship 'Footsteps' 'Footsteps' Ju-Jitsu Club Yoga	C H H H C H	0900 - 1500 1000 - 1200 1345 - 1445 1600 - 1830 1630 - 1730 1930 - 2100 1930 - 2045	$\begin{array}{c} 6.0 \\ 2.00 \\ 1.0 \\ 2.5 \\ 1.0 \\ 1.5 \\ 1.25 \end{array}$	36 40 36 40 40 48 48
Tue	Pre-school Weight Watchers Brownies Weight Watchers Bridge Club	C H H C H	0900 - 1500 0930 - 1100 1745 - 1915 1900 - 2000 1930 - 2230	6.0 1.5 1.5 1.0 3.0	36 48 36 48 48
Wed	Pre-school Tai Chi Keep Fit Weight Watchers Pilates Beavers Cubs Scouts	C H C C H H H	$\begin{array}{c} 0900-1500\\ 0930-1130\\ 1345-1515\\ 1730-1830\\ 1930-2030\\ 1730-1830\\ 1840-2010\\ 2015-2130\\ \end{array}$	$\begin{array}{c} 6.0 \\ 2.0 \\ 1.5 \\ 1.0 \\ 1.0 \\ 1.0 \\ 1.5 \\ 1.25 \end{array}$	36 48 40 48 48 36 36 36
Thurs	Pre-school AA Brownies Rainbows Pilates	C C H C C	0900 - 1500 1600 - 1730 1815 - 1945 1815 - 1915 1930 - 2030	6.0 1.5 1.5 1.0 1.0	36 48 36 36 48
Fri	Pre-school Coffee Yoga Toddlers Toddlers Badminton	C H H C H H	$\begin{array}{c} 0900 - 1200 \\ 1030 - 1100 \\ 1100 - 1215 \\ 1300 - 1400 \\ 1400 - 1500 \\ 2015 - 2145 \end{array}$	3.0 0.5 1.25 1.0 1.0 1.5	36 N/A 48 36 36 40
Sat	Larkswood Ward Surgery	C	1000 - 1100	1.0	(2 nd in the month Jan, Mar, May, July Sept, Nov)
	Mini Market	Н	1000 - 1200	2.0	(1st in the month Jan-Oct)
	Royal British Legion Karate	H H	1000 - 1200 1700 - 1800	2.0 1.0	(4 th in the month) 48
Sun	Scramblers Coffee Simple Lunch	C H H	$\begin{array}{c} 1000-1100\\ 1115-1200\\ 1230-1400 \end{array}$	1.0 0.75 1.5	(4 th in the month)

From Monday 2nd October 2017

18/9/17

WHO'S WHO AT ST ANNE'S

Our Clergy:	
Vicar: Revd Jude Bullock <i>(Day off—Tuesday)</i>	020 8529 4740
Assistant Curate: Revd. Mick Scotchmer (Day off-Saturday)	020 8504 7497
Licensed Reader: Jenny Howland	020 8504 2348
Our Church Officers:	
Churchwardens: Heather Gwynn Val Woodward	020 8505 1364 07831335419
Secretary to the Parochial Church Council: Heather Gwynn	020 8505 1364
Treasurer: Andy Crawford	020 8527 6512
Secretary to the Parochial Church Council: Heather Gwynn	020 8505 1364

ORGANISATION	CONTACT	TELEPHONE NO
Alcoholics Anonymous		0845 769 7555
Badminton	Susan Turner	8524 4679
Beavers	Barbara Rouse-Booth	
Bridge Club	C G Mayhew	8527 4317
Brownies (Tues)	Sarah Harrington	8529 2668
Brownies (Thurs)	Caroline Rouse	8529 3688
Cubs	Alice Robinson	07826 556327
'Footsteps' Dancing School	Caroline Randall	01277 416253
Ju-Jitsu	Richard King	07884 233477
Karate	Sensei Dmitriy	07789 961674
Keep Fit	Christine Hollington	8508 1590
Line Dancing	Janis Willingale	8502 5582
Pilates Class	Gemma Drake	07399 052084
Pre-School PG	Nicola Thurbon	07941 517751
Rainbows	Debbie Watson	8527 5016
Royal British Legion	Roy Verity	07832 110143
Scouts	Alice Robinson	07826 556327
Taoist Tai Chi Soc	Eleonora Spencer	8504 9808
Toddler Group	Beryl Stratton	8524 2655
Weight Watchers (Tues morn)	Terri Reding	07941 159634
Weight Watchers (Tues even)	Terri Reding	07941 159634
Weight Watchers (Wed)	Jane Rappoport	07984 880899
Women's Fellowship	Beryl Stratton	8524 2655
Yoga (Monday)	Mohini Chatlani	07903 397070
Yoga (Friday)	Shahana Yasmin	07950205893

Useful local numbers:

Age Concern - 558 5512 Credit Union - 8520 8740 Chingford Police - 8529 8666 Library, North Chingford -8496 1070 Longshaw Primary School - 8529 5693 Samaritans - 8520 9191 (24 hour emotional support line) Waltham Forest Direct -8496 3000 Whipps Cross Hospital 8539 5522

> The Hatch Herald Editor: Janice Gariazzo janicegar@talktalk.net Production Team: Jude Bullock John Wood

Printed by Stageprint 16 Hoddesdon Road, Stanstead Abbotts, Ware, Herts SG12 8EQ Tel: 01920 872853 (stageprintuk@virgin media.com)